

# Stars Gymnastics ~ “Developing Skills for Life”



- Our Commitment -**
- 🌀 Keeping our families safe & healthy
  - 🌀 Providing clean, safe & fun environment
  - 🌀 Doing great things for kids, always

We remain committed to protecting our Stars families and employees by creating a specific guide that will help prevent the spread of disease while maintaining a positive and exciting learning environment.

## Stars - reopening one phase at a time:

### PHASE 3

### PHASE 2

### PHASE 1

- 🌀 **Teams first to return**
- 🌀 **25% of facility capacity**
- 🌀 **Parent drop off/pick up**

**2nd to Return at mid level capacity**

- 🌀 **Recreational Classes**
- 🌀 **Preschool Classes**
- 🌀 **Extremely limited parent viewing**

**3rd to Return resuming all activities**

- 🌀 **Rec Camps**
- 🌀 **Open Gyms**
- 🌀 **Parents Night Out**

Stars Safety Protocol -	
<b>Employee Guidelines</b>	<ul style="list-style-type: none"> <li>• Staff will follow illness policy including temperature checks and 24 hour wellness standard.</li> <li>• Staff will wash/sanitize hands prior to/at the conclusion and between classes.</li> <li>• Staff will have limited direct physical contact with children (spotting is limited to necessity for all instructional classes.</li> <li>• Staff will be diligently trained on procedures and prepared to enforce any distancing protocols.</li> </ul>
<b>Building Preparation</b>	<ul style="list-style-type: none"> <li>• Facility Team on site to disinfect and sanitize in preparation for Stars Reopening Phases (use of Clorox360 or the like)</li> <li>• Use of disinfectants and sanitizers recommended to be effective against Covid-19.</li> <li>• All surface areas will be disinfected/sanitized multiple times daily once reopened.</li> <li>• Hand Sanitizer accessible throughout building and monitored for refill.</li> <li>• Drinking fountains covered and off limits, students encouraged to bring water bottles.</li> </ul>
<b>Entering the Building</b>	<ul style="list-style-type: none"> <li>• Drop Off/Pick Up if able, parent viewing may not be available and/or extremely limited with each reopening phase.</li> <li>• Students may be temperature checked; athletes who appear to be ill or have temp of 99.5 will be sent home.</li> <li>• Students will be required to sanitize/wash hands upon entering gym.</li> </ul>
<b>Traffic Flow Physical Distancing Facility Ratio</b>	<ul style="list-style-type: none"> <li>• Athletes and parents will use separate entrance and exit to control physical distancing and traffic flow.</li> <li>• Parents will be directed by program where to sit and view class to control distancing and flow (if viewing is permitted).</li> <li>• Student ratios and stations will be modified in class programs.</li> <li>• Traffic patterns and class rotations will be modified to control distancing and flow.</li> </ul>
<b>Prior to Class</b>	<ul style="list-style-type: none"> <li>• Students will be required to sanitize/wash hands as they enter the gym.</li> <li>• Employees will have disinfected/sanitized all equipment, entrance and exit points of the gym, parent areas.</li> <li>• Students may be temperature checked upon entering the gym; students who appear ill or have temp over 99.5 will be sent home.</li> </ul>
<b>During Class</b>	<ul style="list-style-type: none"> <li>• Athletes will sanitize hands (supervised) after every rotation.</li> <li>• Lesson plans will be modified to omit partner activities and limit spotting.</li> <li>• Lesson plans will be modified to limit use of props; props will be sanitized between rotations/classes.</li> <li>• Stations and activities will be modified to allow safe distance between students.</li> <li>• Students will stretch/body shape/strength on vinyl mats that can be cleaned.</li> <li>• Team athletes will keep chalk in their personal container; there will be no chalk use for recreational classes.</li> </ul>
<b>After Class</b>	<ul style="list-style-type: none"> <li>• Athletes and parents will use separate exit to control traffic flow.</li> <li>• Employees will begin disinfecting/sanitizing all areas of their department immediately to get ready for next group.</li> </ul>